



## Food and Snack Menu

### Week 1

	Breakfast	Lunch	PM Snack
<b>M</b>	Whole Grain Waffle w/ maple syrup 100% Orange Juice Milk	Bean & Cheese Tacos Whole Kernel Corn Tropical Fruit Milk	Applesauce Cups Animal Crackers Water
<b>T</b>	Blueberry Muffins 100% Apple Juice Milk	Grilled Cheese Sandwich WG Bread Tomato Soup Diced Peaches Milk	Mozzarella String Cheese Town House Crackers Water
<b>W</b>	Cold Breakfast Cereal Kix 100% Orange Juice Milk	Chicken Soft Tacos WG Tortilla Pinto Beans Fruit Cocktail Milk	Strawberry & Banana Yogurt Fish Crackers Water
<b>Th</b>	Cinnamon Toast Fresh Apples Milk	Swedish Meatballs Mashed Potatoes Whole Wheat Bread & Butter Pineapple Tidbits Milk	Fresh Bananas Pillars Trail Mix Water
<b>F</b>	Sausage Biscuit Fresh Bananas Milk	Chicken Penne & Broccoli Whole Wheat Bread Diced Pear Milk	Fresh Apples Mini Pretzel Twist Water

*The Pillars' menu is on a four-week rotation. Please contact your Director for information regarding your school's specific schedule.*



## Food and Snack Menu

### Week 2

	Breakfast	Lunch	PM Snack
<b>M</b>	Yogurt Parfaits 100% Orange Juice Milk	WG Chicken & Cheese Quesadilla Pinto Beans Fruit Cocktail Milk	Fresh Apples Fish Crackers Water
<b>T</b>	Cold Breakfast Cereal Cheerios Apple Sauce Cup Milk	Meatloaf Whole Wheat Roll Mashed Potatoes Green Peas Diced Pear Milk	Mozzarella String Cheese Town House Crackers Water
<b>W</b>	Whole Wheat French Toast w/ Maple Syrup 100% Orange Juice Milk	Ham and cheese wraps WG tortillas Fresh Salad/ Ranch Diced Peaches Milk	Strawberry & Bananas Yogurt Pillars Trail Mix Water
<b>Th</b>	Warm Biscuits w/ Jelly 100% Apple Juice Milk	WG Spaghetti/Meatsauce Garlic Bread Green Beans Fresh Honeydew Milk	Fresh Bananas Graham Crackers Water
<b>F</b>	Cinnamon Toast Fresh Bananas Milk	WG Pepperoni Pizza Fresh Carrots Tropical Fruit Milk	Fresh Apples Mini Pretzel Twist Water

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## Food and Snack Menu

### Week 3

	Breakfast	Lunch	PM Snack
<b>M</b>	Cinnamon Oatmeal Apples Milk	Hamburger on WG Bun Tater Tots Fruit Cocktail Milk	Hummus Crackers Water
<b>T</b>	English Muffin/ Butter Banana Milk	Chicken Salad/ Celery WG Crackers Mandarin Slices Milk	Mozzarella String Cheese Town House Crackers Water
<b>W</b>	Cream of Wheat Honey Dew Milk	WG Turkey/Swiss Sandwich Lettuce Tomato Milk	Pretzels and Sun Butter Water
<b>Th</b>	Ham and Egg Taco Orange Slices Milk	Shepherd's Pie Corn Whole Wheat Bread Pineapple Milk	Yogurt Crackers Water
<b>F</b>	WG Cold Cereal Banana Milk	Chicken Stir Fry/ Green Peppers WG Brown Rice Orange Slice Milk	Graham Crackers Banana Water

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## Food and Snack Menu

### Week 4

	Breakfast	Lunch	PM Snack
<b>M</b>	Avocado Whole Wheat Toast Apples Milk	WG Mac & Cheese w/ Ham - Broccoli Mandarin Milk	Yogurt Strawberries water
<b>T</b>	Sausage Egg Biscuit Cantaloupe Milk	Fish Fillet/ Wheat roll Green beans Cucumber Slices Milk	Cucumbers Slices / Ranch Water
<b>W</b>	WG Pancakes/ Blueberries Milk	Beefaroni Corn Fruit Cocktail Milk	Hummus Carrot Sticks Water
<b>Th</b>	Bean & Cheese Taco Banana Milk	Chicken Breast/ Whole Wheat Roll Mash Potatoes Zucchini Pineapple Milk	Pillars Trail Mix Water
<b>F</b>	Cinnamon Toast Oranges Milk	Bean & Cheese Burrito Rice Salad Fruit Cocktail Milk	Cheese Sticks Apples Slices Water

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